

Position	Name	Time	Club	Gender	Gender position
1	Chris Pownell	00:16:33	Knowsley Harriers AC	M	1
2	Chris Maher	00:16:52	Penny Lane Striders	M	2
3	Jay Clarke	00:17:05	Penny Lane Striders	M	3
4	Lawrence Eccles	00:17:28	Penny Lane Striders	M	4
5	Stephen Doyle	00:17:35	Knowsley Harriers AC	M	5
6	Andrew Fearn	00:18:33	Knowsley Harriers AC	M	6
7	Luke Harrison	00:18:47	Penny Lane Striders	M	7
8	Anthony Lawlor	00:19:10	Knowsley Harriers AC	M	8
9	Colin Dobbs	00:19:15	Penny Lane Striders	M	9
10	Scott Robertson	00:19:20	St Helens Striders	M	10
11	Steve Irwin	00:19:22	Kirkby Milers	M	11
12	John McLaren	00:19:28	Knowsley Harriers AC	M	12
13	Lauren Wilson	00:19:38	Penny Lane Striders	F	1
14	Tom Bosworth	00:19:40	Tonbridge AC	M	13
15	Mark Riley	00:19:52	St Helens Striders	M	14
16	Andrew Grimshaw	00:20:05	Spa Striders	M	15
17	Neil Hunter	00:20:08	St Helens Striders	M	16
18	David Lynan	00:20:16		M	17
19	David Navis	00:20:26	St Helens Striders	M	18
20	Ian Wright	00:20:34	St Helens Striders	M	19
21	William John Jones	00:20:38		M	20
22	Andrew Conway	00:20:41	Liverpool Pembroke Sefton AC	M	21
23	Andrew Glen	00:20:42	Knowsley Harriers AC	M	22
24	Brian Middleton	00:21:09	St Helens Striders	M	23
25	Robbie Wood	00:21:15	Liverpool Pembroke Sefton AC	M	24
26	Jacob Cox	00:21:16	Warrington AC	M	25
27	Andy Smith	00:22:01	Liverpool Harriers	M	26
28	Alan Spencer	00:22:13	Knowsley Harriers AC	M	27
29	Graham Deane	00:22:24	Knowsley Harriers AC	M	28

30	Peter Jones	00:22:32	Mossley Hill AC	M	29
31	Andrew Taylor	00:22:39		M	30
32	Charlotte Rawcliffe	00:22:41	Penny Lane Striders	F	2
33	Michael Dunsch	00:22:51	FSV Meuselwitz	M	31
34	Pete Leadbeater	00:23:02	Kirkby Milers	M	32
35	Robbie Trecarichi	00:23:11	Knowsley Harriers AC	M	33
36	Shane Knott	00:23:14	Penny Lane Striders	M	34
37	Harry Dineley	00:23:18		M	35
38	Kevin Monaghan	00:23:19	St Helens Striders	M	36
39	Paul Demore	00:23:20	St Helens Striders	M	37
40	Mike Evans	00:23:22	Knowsley Harriers AC	M	38
41	Carl Balshaw	00:23:22	Knowsley Harriers AC	M	39
42	Tony Green	00:23:25	Penny Lane Striders	M	40
43	Graham Liu	00:23:28	Southport Waterloo AC	M	41
44	Susann Hamley	00:23:32	Knowsley Harriers AC	F	3
45	Christopher Lee	00:23:32	Knowsley Harriers AC	M	42
46	Alan Williamson	00:24:07	Knowsley Harriers AC	M	43
47	Stuart Brandwood	00:24:09	Penny Lane Striders	M	44
48	Paul Wilson	00:24:17	Widnes Running Club	M	45
49	Dennis Yarwood	00:24:24	Spectrum Striders	M	46
50	Matthew Bebb	00:24:29	Knowsley Harriers AC	M	47
51	John Davies	00:24:30	Knowsley Harriers AC	M	48
52	Billy Hargreaves	00:24:35	Southport Waterloo AC	M	49
53	David Limbrick	00:24:36	Islwyn	M	50
54	Carla Langley	00:24:38	St Helens Striders	F	4
55	Vera Langley	00:24:42	St Helens Striders	F	5
56	Simon Cox	00:25:00		M	51
57	Lurdes Corlett	00:25:31	Knowsley Harriers AC	F	6
58	Emma Wilson	00:25:32		F	7
59	Steve Maddock	00:25:36	Knowsley Harriers AC	M	52

60	Rachel Kuypers	00:25:52	Widnes Wasps	F	8
61	Dawn Atherton	00:26:12	Knowsley Harriers AC	F	9
62	Laura Bohanna	00:26:20	Knowsley Harriers AC	F	10
63	Liz Simon	00:26:20	Knowsley Harriers AC	F	11
64	Stephen Ogden	00:26:20	Knowsley Harriers AC	M	53
65	Kay Welsh	00:26:20	Knowsley Harriers AC	F	12
66	Claire Meadows	00:26:34	Penny Lane Striders	F	13
67	Emma Buckley	00:26:56	Widnes Running Club	F	14
68	Kathryn Horsley	00:27:12	Knowsley Harriers AC	F	15
69	Sandra Bentley	00:27:46	Widnes Running Club	F	16
70	Michael Palmer	00:27:47		M	54
71	Leanne Irwin	00:27:54	Kirkby Milers	F	17
72	Sharon Martin	00:27:56	KHAC Couch to 5K	F	18
73	Norma Forrester	00:28:17	KHAC Running Development Group	F	19
74	Tony Davidson	00:28:19		M	55
75	David Dodd	00:28:19	Knowsley Harriers AC	M	56
76	Ian Burrows	00:28:32	Widnes Running Club	M	57
77	Rebecca Berm	00:28:43		F	20
78	Rachel Tickle	00:28:44	St Helens Striders	F	21
79	Lesley Harrison	00:28:46		F	22
80	Sian Kilty	00:28:48	Mossley Hill AC	F	23
81	Nick Kilty	00:28:50	Knowsley Harriers AC	M	58
82	Karen Irwin	00:29:01	Kirkby Milers	F	24
83	Kathryn Griffin	00:29:15	Knowsley Harriers AC	F	25
84	Mollie Swadkins	00:29:15	Knowsley Harriers AC	F	26
85	Claudia McLean	00:29:16	Knowsley Harriers AC	F	27
86	Sian Foulger	00:29:43		F	28
87	Phil Robinson	00:29:44	Knowsley Harriers AC	M	59
88	Onnor Hampson	00:29:45	Knowsley Harriers AC	F	29
89	Ashleigh McAdams	00:30:06	Five O Runners	F	30

90	Michael Grunt	00:30:06	Five O Runners	M	60
91	Adele Allan	00:31:02	KHAC Running Development Group	F	31
92	Carolyn Rigby	00:31:12	Widnes Wasps	F	32
93	Vicky Ferguson	00:31:12	Widnes Wasps	F	33
94	Nicola Maddock	00:31:58	Knowsley Harriers AC	F	34
95	Michele Williams	00:32:22		F	35
96	Pete Davies	00:32:22	Mossley Hill AC	M	61
97	Liz Connolly	00:32:36		F	36
98	James Fletcher	00:32:37		M	62
99	Gemma McGreevey	00:33:15	Widnes Wasps	F	37
100	Stephanie Charman	00:33:19	Knowsley Harriers AC	F	38
101	Katie Pownell	00:33:19	Knowsley Harriers AC	F	39
102	Clare Jennings	00:33:23	Widnes Wasps	F	40
103	Dawn Fairclough	00:33:32	Liverpool Running Club	F	41
104	Gail Fairclough	00:34:07	Liverpool Running Club	F	42
105	Davie Thompson	00:34:09	Liverpool Running Club	M	63
106	Jeanette Quine	00:34:09	Liverpool Running Club	F	43
107	Hayley Fairclough	00:34:09	Liverpool Running Club	F	44
108	Russ Owens	00:34:10	Knowsley Harriers AC	M	64
109	Lindsey Bosworth	00:34:50		F	45
110	Jeanette Connor	00:37:12	KHAC Running Development Group	F	46
111	Alan Hampson	00:38:15	Knowsley Harriers AC	M	65
112	Gill Davis	00:38:19		F	47
113	Ann Moore	00:38:43	Knowsley Harriers AC	F	48
114	Michelle Moody Jones	00:44:23		F	49
115	Rachel Chandler	00:44:24		F	50